

SISL 2023 LEAGUE RULES

COVID-19 Protocols

- All coaches, participants, and spectators must adhere to the EPYSA COVID-19 guidelines during all league events. – [Guidelines](#)

Sportsmanship

- Good sportsmanship should be practiced and encouraged at all times.
- Foul language and deliberate acts of bad sportsmanship will not be tolerated.
- Grievances should be discussed with the League President. A player will receive a warning for the first offense and will be removed from the league if the bad behavior continues.

Player Participation

- Every player **should** play at least half of every game.
- Co-Ed Teams should have a ratio of boys to girls equivalent to those present to play the game.

League Standings

- No league standings are maintained. Emphasis is placed on developing soccer skills and making it fun for all involved.
- Running up the score is discouraged.

Number of Players

- The maximum number of players on the field at any one time:
 - U6 (PeeWee) / U8 4 v 4
 - U10 7 v 7
 - U12 9 v 9
 - U15 11 v 11
- All games should be played with even sides. If a team is short players, both teams will play short sided.

Equipment/Uniforms

- Shin-guards are **mandatory**!
- Tennis shoes or soft cleated soccer shoes may be worn.
- Ball Sizes: U6 (PeeWee) & U8 – size 3, U10 & U12 – size 4, U15 – size 5.
- Uniform as handed out (jersey and black shorts) are the uniform players **must wear** to play.
- Black or White socks must be worn to play
- All **jewelry must be removed** prior to play.
- No hard plastic or metal hair accessories.
- No watches, fitness trackers, etc. are to be worn on the field. *Only medical ID jewelry*

Duration of Game

- U6 (PeeWee) / U8 (4) 8-minute quarters
- U10 & U12 (4) 15-minute quarters
- U15 (2) 30-minute halves

Game Times

- Players should arrive 15 minutes before their designated times so that there is ample time for warm-up and practice prior to the game.
- U6 (PeeWee) games are Saturday mornings from 10:00am to 11:00am at Franconia Park fields.
- U8 games are divided into 2 sessions, Monday/Wednesday and Tuesday/Thursday and will be played from 6:30pm – 7:45pm at Franconia Park fields.
- U10 games are Tuesdays and Thursdays from 6:15pm – 7:30pm at Franconia Elementary.
- U12 games are Mondays and Wednesdays from 6:15pm – 7:30pm at Franconia Elementary.
- U15 games are Tuesdays and Thursdays from 6:00pm – 7:30pm at Landis Supermarket fields.

Bad Weather Policy

- Clear all fields to the protection of a vehicle in the event of lightning
- If the fields are deemed unplayable, a League Official will leave notification on the league website, www.soudertonareasoccer.com, and/or posting to the league Facebook page. This means **EVERYONE STAYS OFF THE FIELDS**.
- Any game can be canceled due to inclement weather upon agreement by the opposing coaches. It is the coach's responsibility to contact his/her players.
- Mon-Thurs Final call will be made by 5pm for soccer cancellation.
- Saturday morning's final call will be made by 9:00am for soccer cancellation.

Start of Play

- Opponent must remain outside of the center circle until the ball is touched by the team with the ball.
- Ball can be played in either forward or backwards direction.
- All jewelry must be removed prior to play.
If not removed, the player must be removed from the field until all jewelry is removed.

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Ball In and Out of Play

- Kick-in for U6 (PeeWee) & U8
- Throw-in for all other age brackets
- Corner kicks in all leagues

Build out Line

- U10 Fields will use the Build out Line.
- Build out line – [Instructional Video](#)

Off-Sides

- Off-sides shall be enforced in U10 – U15
- Not in U6 (PeeWee) and U8 (try to discourage cherry picking)

Substitutions

- In all matches, substitutions will be allowed as follows:
 - Substitutions will be unlimited.
 - Substitutions can be made with the consent of the referee at the following times:
 - Prior to any throw in
 - Prior to any goal kick
 - After any goal
 - Half-time

Fouls and Misconduct

- U6 (PeeWee) thru U12 = All fouls shall result in an indirect kick. No penalty kicks
- U15 = Fouls may be direct or indirect depending on the infraction. No penalty kicks
- The ref/coach must explain all infractions to the offending player
- Contact is unavoidable when playing the ball. Deliberate pushing and obstruction should be discouraged. **SLIDE TACKLING is NOT ALLOWED** and will result in a red card and EJECTION from the game. A 2nd red card issued will result in removal from the league for the rest of the season.

Concussion Initiative

- Deliberate heading is not allowed in U6 (PeeWee) thru U10 games. If a player deliberately heads the ball in a game, an indirect free kick should be awarded to the opposing team from the spot of the offense.
- If the deliberate header occurs within the goal area, the indirect free kick should be taken on the goal area line parallel to the goal line at the nearest point to where the infringement occurred.
- All coaches are required to complete the CDC Heads Up Concussion Training.
 - Coaches will use the proper procedures for determining a player's return to play based on the CDC guidelines for concussions.

Referees

- All games played using current FIFA rules except as modified by rules here.
- U6 (PeeWee) thru U8 - Coaches should be on the field acting as referees.
- U10, U12 and U15 - Referees assigned to the best of our ability and availability, coaches will be notified if one will not be available on their scheduled night.
- However, if a referee should not be available, coaches or volunteer parents shall act as referees for that game.
- Players, coaches and fans should treat all referees with respect.
- The referee's decisions are Final. DO NOT Argue or challenge calls on the field. This only sets a bad example for both parents and players. If you feel discussion is necessary, TALK (not argue) with the referee between halves or at the end of the game.
- Referees will have the authority to remove coaches, players or parents that are being a disruption to the game.
- All conflicts will be escalated to the League President for further investigation/monitoring