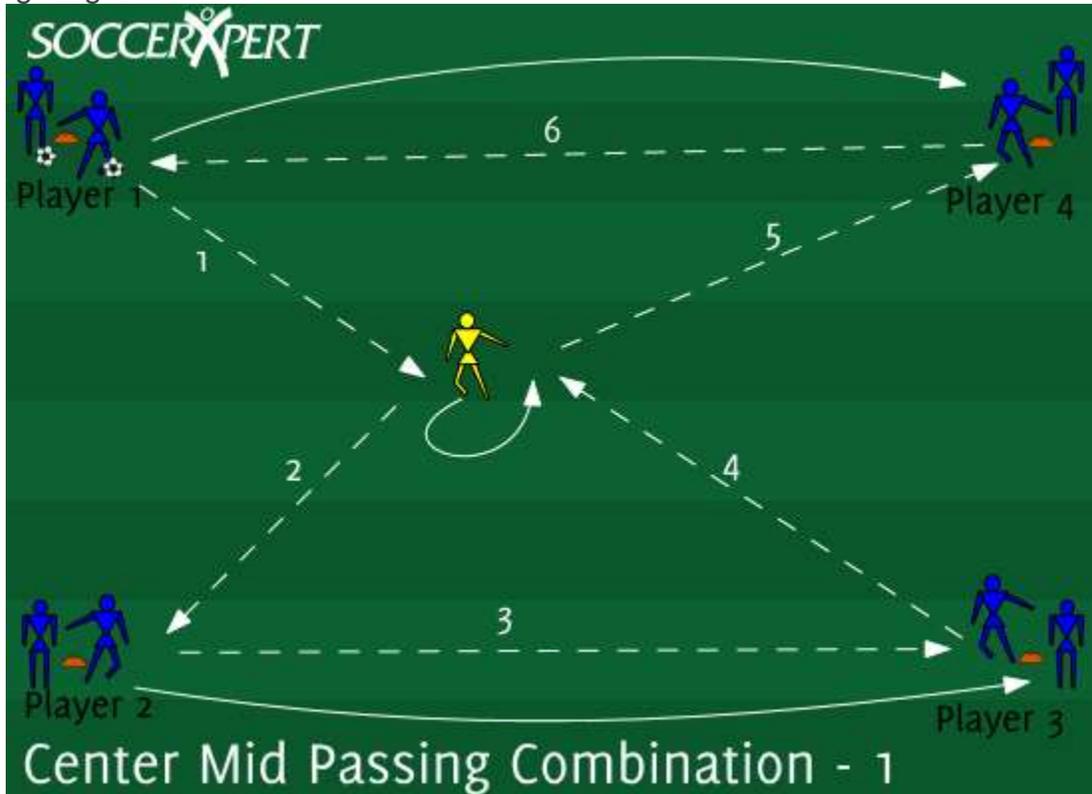


# Center Mid Passing Combination 1

Chris Johnson 314,964 Views Rating 3.6 (256 Reviews)

This is a great combination passing drill that will help focus on combination play and playing diagonal balls.



## Center Midfield Passing Combination Drill

This is a great combination passing drill that will help focus on combination play and playing diagonal balls.

### Drill Setup

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1. Set up a grid approximately 20X20 yards. The size of the grid can be adjusted based on the age and skill level of the players.
2. Place a midfield player inside the grid.
3. The remaining players will split into even lines on the four corners of the grid.

### Drill Instructions

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1. Player 1 plays a ball into the central player and starts his run down the sideline to the back of the line.
2. The central player plays a first time ball into Player 2.
3. Player 2 plays a ball into Player 3 and sprints down the sideline to the back of the line.

4. Player 3 passes to the central player and makes a run down the sideline to the back of the line.
5. The central player plays a first time ball into player 4 who plays a ball into Player 1 and sprints to the end of the line.
6. The play continues.

### **Drill Variations**

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- After Player 1 and Player 3 passes into the middle player, have them step in to become the middle player.

### **Drill Coaching Points**

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- Focus on passing weight, accuracy, timing, and movement.
- Players should communicate to make the movement flow.
- Players should get into a rhythm.

### **Equipment**

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- **Disc Cones - Mini or Full-Size Disc Cones** are a critical piece of equipment that every soccer coach must have in your equipment bag.
- **Scrimmage Pinnies/Vests - Scrimmage vests, also called bibs or pinnies,** are also another must-have in your soccer coaching equipment bag.

### **Drill Ages**

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- 9 - U9, Under 9, 9 and Under
- 10 - U10, Under 10, 10 and Under
- 11 - U11, Under 11, 11 and Under
- 12 - U12, Under 12, 12 and Under
- 13 - U13, Under 13, 13 and Under
- 14 - U14, Under 14, 14 and Under
- 15 - U15, Under 15, 15 and Under
- 16 - U16, Under 16, 16 and Under
- 17 + - U17, U18, U19, U20, and Older

### **Soccer Drill Skill Focus**

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- **Passing - Soccer Passing Drills**
- **Receiving - Soccer Receiving & Turning Drills**
- **Possession - Soccer Possession Drills**

**Soccer Drill Titled:** Center Mid Passing Combination 1  
**Tagged:** Center Midfield Passing Combination Drill  
**Published by:** Chris Johnson