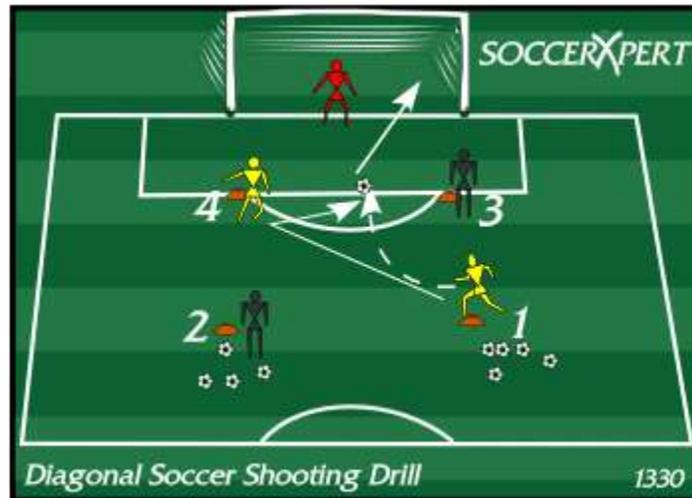


# Diagonal Soccer Shooting Drill

Chris Johnson 298,311 Views Rating 3.91 (242 Reviews)

This simple soccer shooting drill is great for warm-up to a shooting practice or warm-up before a game.



## diagonal soccer shooting drill, soccer shooting

Simple soccer shooting drill great for warm-up to a shooting practice or warm-up before a game.

### Drill Setup

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1. Create a 10X10 grid just beyond on the edge of the penalty area.
2. Divide the team into two lines on the far cones.
3. One player from each line steps up to the cone near the edge penalty area. This player becomes the player that lays the ball off to the shooter at the cone.

### Drill Instructions

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1. Player 1 starts by passing a diagonal ball to player 4.  
Player 4 lays the ball off into space for player 1 to run onto and strike a one-touch shot on goal.
2. The shooting player (player 1) takes the place of player 4.
3. Player 4 collects the ball from the goal or shags any missed shots and gets back into line with a ball.
4. Next, Player 2 passes a diagonal ball to player 3.
5. Player 3 lays the ball off to player 2, who has a one-touch shot on goal.
6. Player 2 becomes the target player.
7. Player (player 3) collects the ball from the goal or shags any missed shots and gets back into line with a ball.
8. Make sure the players switch lines, so they shoot with both feet.

## **Drill Variations**

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- Have the target player flick a ball into the air for the shooting player to volley or half-volley.
- For less-skilled players, have them pick up the balls and toss them in the air for the shooting player to volley or half-volley.

## **Drill Coaching Points**

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- Good controlled approach on the ball
- Plant foot in a good spot next to the ball
- Shoot with the appropriate foot
- Hit the ball on target

## **Equipment**

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- **Disc Cones - Mini or Full-Size Disc Cones** are a critical piece of equipment that every soccer coach must have in your equipment bag.
- **Soccer Practice or Training Balls** - Every player should have a soccer balls at practice to have a successful training session.
- **Full Size Goal - Full Size Goal**

## **Drill Ages**

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- 4 - U4, Under 4, 4 and Under
- 5 - U5, Under 5, 5 and Under
- 6 - U6, Under 6, 6 and Under
- 7 - U7, Under 7, 7 and Under
- 8 - U8, Under 8, 8 and Under
- 9 - U9, Under 9, 9 and Under
- 10 - U10, Under 10, 10 and Under
- 11 - U11, Under 11, 11 and Under
- 12 - U12, Under 12, 12 and Under
- 13 - U13, Under 13, 13 and Under
- 14 - U14, Under 14, 14 and Under
- 15 - U15, Under 15, 15 and Under
- 16 - U16, Under 16, 16 and Under
- 17 + - U17, U18, U19, U20, and Older

## **Soccer Drill Skill Focus**

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- **Attacking - Soccer Attacking Drills**

- Shooting - Soccer Shooting Drills
- FUN - FUN SOCCER DRILLS

**Soccer Drill Titled:** Diagonal Soccer Shooting Drill

**Tagged:** diagonal soccer shooting drill, soccer shooting

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